

ARE YOU A YOUNG CARER?

Do you care for
parents, siblings
or other family
members?

Do you give physical
and emotional support
and/or provide personal
care to people in your
household?

Do you look after
your brothers and
sisters?

If you have answered YES to any of these questions,
Southern Regional College is fully committed to supporting you.

However, we need to know! So please answer yes to the question related to being a young carer during your guidance / enrolment sessions, tell your Personal Tutor, or email the Lead Young Carers Champion **Donna Hughes**, who has specific responsibility for supporting you whilst at SRC: hughesdo@src.ac.uk

There are lots of ways we can support you, including:

- Providing financial support (dependent on household income)
- Connecting you to other support agencies
- Allowing you to keep your mobile turned on so you are accessible at all times
- Creating a college timetable that suits your specific needs, where possible
- Providing emotional support
- Creating contingency plans if there are certain times that are more pressurised for you.

You can also contact Action for Children Young Carers Service on **028 9046 0500** or go to www.actionforchildren.org.uk



✉ info@src.ac.uk
🌐 www.src.ac.uk
☎ 0300 123 1223



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